

## FEELING HOPELESS?

Have you tried everything? Have the Doctors offered to drug you and cut you up to get rid of your pain? Do you feel hopeless about living a normal life?

## YOU SHOULD KNOW

90% of Myokin patients who feel hopeless, experience significant relief within one to four short, gentle treatments.

Patients remain fully clothed for Myokinesthetic treatments, no oils nor creams are used, and treatments are short. You can easily fit Myokin pain relief treatments into your lunch hour.

## WHAT IS MYOKIN?

Myokinesthetics works with your nervous system to relieve pain without surgery, medication, nor costly and time-consuming treatments.

Based in traditional Western Medical Model theory and practice Myokin uses gentle muscle movements to relieve pain, numbness, and many internal organ issues without resorting to drugs and surgery.



**FOUNDING DIRECTOR**  
A practicing therapist for 25+ years, Bob Keller holds a Master of Science, is a Certified Myokinesthetic Specialist (CMS), and is Nationally Certified for Therapeutic Massage and Bodywork (NCTMB).

Bob's focus on Myokinesthetics is the latest enhancement to his unique approach to Massage Therapy. It stands on the shoulders of prior experience with the principles of Moshe Feldenkrais, Fritz Smith's Zero Balancing, and Core Myofascial work. He views the body as an integral part of a whole that encompasses all aspects of your life.

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*"I'm a born skeptic, but I have to admit, it really was as simple as it sounds. Myokin took away hip pain I've had for three years and thought I would have to live with for the rest of my life."*

Lise

*"I had gone 9 years with constant shoulder pain. I tried everything: cortisone shots, physical therapy, massage, chiropractic, but none of this ever gave me more than six hours of relief. After my third MyoKinesthetic treatment I had no pain in my shoulder. I have now gone over 2 years pain free. I didn't think I could live like this again. This is wonderful!"*

Seery



**Keller Therapeutics**

166 Water Street  
Newburyport, MA

**978-465-5111**

[www.MyokinEast.com](http://www.MyokinEast.com)

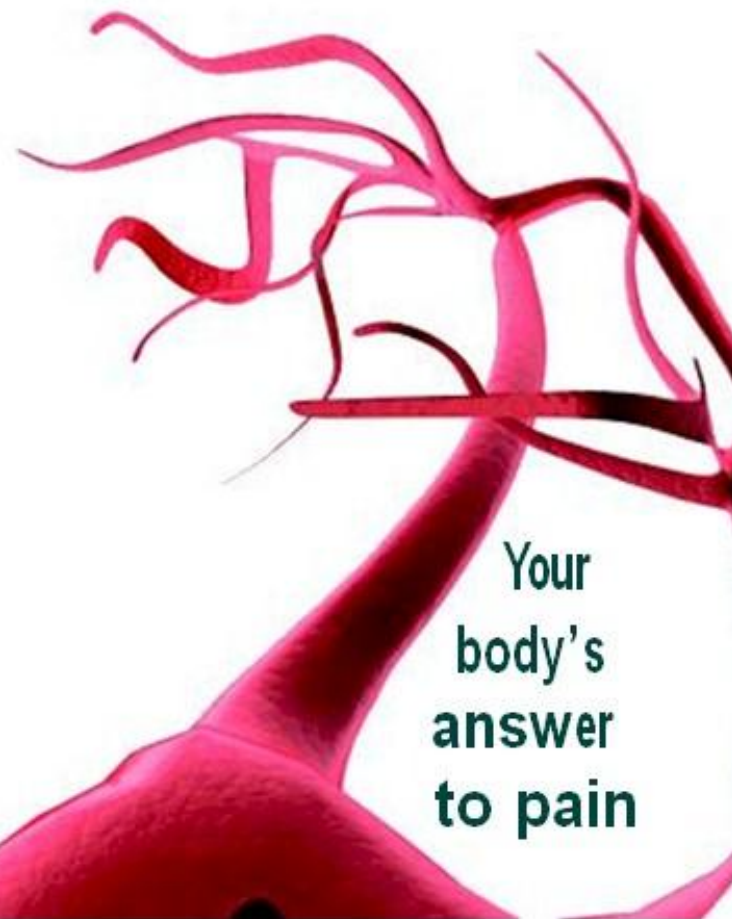
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# GET MOVING WITH MYOKIN

Myokinesthetics brings  
a new era in pain relief  
Fast, low-cost, medication-free

For Testimonials, Interviews, and our Blog  
Visit [MyokinEast.Com](http://MyokinEast.Com)



Your  
body's  
answer  
to pain

# A LOT OF NERVE

You may think we have a lot of nerve claiming possibly to relieve your pain in a matter of minutes without medication. But it's **your** nerves that make such pain relief possible.

Did you know that a complex and extensive network of nerves in your body works hard to defy gravity, allowing you to stand upright? Did you know that very process is what causes many forms of pain in your body?

***Pain free in minutes, without medication\****

\* Many patients experience relief with one treatment, other may require more.

# MYOKIN

Your body's answer to pain

# NERVE REACTION

Injury, stress, and other insults cause imbalance, shortened muscles, as your brain struggles to maintain your upright position. The brain reacts to that imbalance, sending messages through the nervous system, instructing other muscles to compensate, rebalancing your body, even if it means causing you pain as a result.

Myokinesthetics (Myokin) uses your own nervous system to activate healing. It identifies the nerve pathways involved in the pain, stimulates the muscles along that pathway, and causes a nervous system reaction that results in restoration of muscle balance and consequently the disappearance of pain.

# PAIN RELIEF

Myokinesthetics has relieved many pains including:

- Appendix
- Carpal tunnel
- Frozen shoulder
- Constipation
- Genito-Urinary
- Hard Palate
- Inner Ear
- Iris
- Lungs
- Rotator Cuff
- Hip pain
- Low back pain
- Neck pain
- Shoulder pain
- Plantar fasciitis
- Sciatica
- Tennis elbow
- Tenosynovitis
- Internal Organs



Keller Therapeutics  
at Meridian Body Therapies

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